#### **HSRGC Colloquium**

#### Testing GR with Shadows and Quasinormal Modes

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#### Abstract

In the first part of this talk we summarise some recent progress in modelling quasinormal modes of non-GR black holes. In the second part we address the issue of testing GR with supermassive black hole shadows.

## Testing GR with black hole shadows & quasinormal modes



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### Part I

# Can we test gravity with supermassive black hole shadows?

Based on KG & Pappas arXiv:2102.13573



### A century apart ...

### 1919

The Eddington-Dyson solar eclipse expeditions measure gravitational deflection of light, thus bolstering confidence to Einstein's recently formulated GR theory.



### 2019

The EHT collaboration releases the first direct image of a BH, the supermassive BH at the centre of the M87 galaxy. The shadow (associated with the BH's photon ring) also represents extreme light deflection.

### BH shadow and its radius

- The textbook definition of a BH shadow is summarised in the figure.
- The shadow is really a manifestation of (i) the presence of a photon ring and (ii) the absence of a light-emitting surface.
- The shadow radius is an intrinsic property of the spacetime, determined by the radius of the photon ring (unstable circular photon orbit).

 $b_{\rm ph} = 3\sqrt{3}M \approx 5.2M$ 

Schwarzschild BHs



### BH shadow and its radius

• The shadow of Kerr BHs is almost circular unless the spin is close to its maximum value a=M and the BH is viewed "edge on".



One of the first published shadow figures, Bardeen (1972).

Figure 6. The apparent shape of an extreme (a = m) Kerr black hole as seen by a distant observer in the equatorial plane, if the black hole is in front of a source of illumination with an angular size larger than that of the black hole.

### M87\* black hole factsheet

 $M \approx 6.6 \times 10^9 \, M_{\odot}$ 

Mass estimated from:

(i) The radius of the *quasi-circular* shadow, given the measured angular size/distance and assuming GR.

(ii) Stellar kinematics in the vicinity of the BH.

 $d \approx 17.9 \,\mathrm{Mpc}$ 

 $\frac{J}{M^2} = \frac{a}{M} = \text{poorly constrained}$ 



The accretion flow geometry (modelled with the help of numerous GR-MHD simulations) is uncertain, being something between quasi-spherical to a thick disk configuration. The M87\* shadow as a test of GR gravity (and of the "Kerr hypothesis")

- A recent EHT paper [Psaltis et al. PRL 125 (2020)] used the shadow radius to constrain deviations from GR.
- This was done with the help of the Johannsen (2013) metric, a cleverly designed parametrised deformed Kerr spacetime.
- For simplicity we ignore the BH spin (it only has a modest effect unless it is very high). The shadow radius can be identified with the impact parameter *b* of the photon ring. Only one metric component matters:

### The M87\* shadow as a test of GR

• The ≈ 17 % error in the shadow radius relative to the GR value

 $b_{\rm GR} = 3\sqrt{3}M \approx 5.2M$ 

translates to an upper/lower bound for  $\alpha_{13}$  (assuming  $\varepsilon_3 = 0$ ).

• With more deformation parameters "switched on" these bounds (per parameter) become weaker.



Psaltis et al. (2020)

• However, such tests of GR come with some caveats:

Matter: the impact of the largely unknown accretion properties. [Gralla (2020)]

Gravity: the impact of dimensional constants in non-GR theories.

### The impact of accretion physics

- The actual apparent shadow radius does depend on the geometry of the illuminating accretion flow. This can vary from a quasi-spherical flow to a thin disk flow.
- An (unrealistic) example: the shadow of a "backlit" BH is somewhat larger,  $b \approx 6.2M$ .



Gralla et al. (2019)



### The impact of accretion physics

• Accretion in M87\* is something between quasi-spherical to a thick disk configuration. The corresponding shadow radius is [Gralla et al. (2019)]:

 $5.2 \lesssim b/M \lesssim 5.8$ 

• We can replot the previous shadow radius figure (assuming a non-rotating BH) as a function of the deformation away from GR, with the "matter uncertainty" added.

The uncertainty in the accretion physics mostly overlaps with the  $b > b_{GR}$  measurement error.

The  $b < b_{GR}$  range remains "clean".



# Non-GR gravity: the key role of dimensional coupling constants

• Many of the widely studied alternative to GR theories of gravity are described by Lagrangians of the general form:

 $\mathcal{L} = \mathcal{L}_{GR} + \mathcal{L}_{scalar} + \alpha \{scalar \text{ terms}\} \times \{non-linear \text{ curvature terms}\} + \mathcal{L}_{mat}$ 

with a *coupling constant* of dimensionality:  $\alpha = (\text{length})^n = (\text{mass})^n$   $n \ge 1$ 

• A typical example is Einstein-scalar-Gauss-Bonnet gravity (EsGB):

$$\mathcal{L} = \frac{1}{16\pi} \left[ R - \frac{1}{2} g^{\mu\nu} \phi_{,\mu} \phi_{,\nu} - \alpha f(\phi) \mathcal{R}_{\text{GB}}^2 \right] + \mathcal{L}_{\text{mat}} \qquad f(\phi) = \underset{\text{user-specified}}{\text{dimensionless,}}$$

with  $\mathcal{R}_{GB}^2 = R^{\alpha\beta\gamma\delta}R_{\alpha\beta\gamma\delta} - 4R^{\alpha\beta}R_{\alpha\beta} + R^2$   $\alpha = (\text{length})^2$ 

### Bounds from GW signals of binary BHs

- Among other things, GWs probe the celestial mechanics of the binary.
- For the particular example of EdGB gravity, the metric of a non-rotating BH looks like this:

$$g_{tt} = -\left(1 - \frac{2M}{r}\right) + \frac{8}{3}\eta^2 \frac{M^3}{r^3} \left\{1 + \mathcal{O}\left(\frac{M}{r}\right)\right\} + \mathcal{O}(\eta^3) \qquad \eta = \frac{\alpha f'(\phi_{\infty})}{4M^2}$$

[Julié & Berti (2019)]

 η > 1 implies significant deviation from GR during the last few orbits of a binary BH.

• Bounds from LIGO/Virgo:  $\eta_{\rm bin} \lesssim \mathcal{O}(1) \Rightarrow \alpha^{1/2} \lesssim {\rm few \ km}$  $M_{\rm bin} \sim 100 M_{\odot}$ 

Nair et al. (2019) + Clifton et al. (2020)



### Mass-rescaled coupling constant

- Now assume we want to test a theory like EsGB using the M87\* shadow.
- The shadow and the observed image is the result of photons moving along the BH's geodesics. We can write schematically:

EsGB geodesics- GR geodesics =  $O(\eta)$ 

• The theory's extra "universal constant" is  $\alpha$ , which is constrained by GW data. For a supermassive BH like M87\* the dimensionless  $\eta$  is mass-rescaled:

$$\eta_{\rm M87} \sim \frac{\alpha}{M_{\rm M87}^2} \sim \eta_{\rm bin} \left(\frac{M_{\rm bin}}{M_{\rm M87}}\right)^2 \lesssim 10^{-14}$$

- Photons near M87<sup>\*</sup> "see" a GR BH spacetime; to a very high precision the shadow is indistinguishable from Kerr and the test fails!
- The same argument applies to EMRI sources for LISA [Maselli et al. (2020)], but in that case the instrument also probes the non-geodesic orbital evolution.

### Implications for shadow-based tests of GR

• The previous analysis, and given the current precision of GW observations, has serious repercussions for probing deviations from GR using the image/ shadow of a supermassive BH.

#### • Supermassive BH shadows *cannot* test non-GR theories when:

- ★ The Kerr metric is still an admissible solution (trivial case).
- ★ The BH metric is non-Kerr but the theory is endowed with dimensional coupling constants. This class contains the majority of theories considered in the literature.

#### • Supermassive BH shadows *can* test non-GR theories when:

- ★ A theory has *dimensionless* coupling constants in its Lagrangian. A member of this minority class is Einstein-aether gravity.
- ★ A theory with dimensional coupling constants can *evade* the GW bounds in stellar mass BHs (see next slide).

### Evading the GW bounds (I)

- There are two mechanisms that could enable the evasion of GW bounds from compact object binaries.
- *Screening*: the non-GR degrees of freedom are suppressed below some lengthscale (this is a "trick" commonly used in cosmology for evading bounds from solar system and compact binary tests). Typically, this is achieved by a scalar-coupling modification of the matter part of the Lagrangian.

$$\mathcal{L} = \mathcal{L}_{\mathrm{GR}} + \mathcal{L}_{\mathrm{non-GR}} + \mathcal{L}_{\mathrm{mat}}$$

This is irrelevant for BHs, given their vacuum solution nature.

• BH screening could be achieved by the addition of higher-order derivatives in the "non-GR" part of the Lagrangian (e.g. the Vainshtein mechanism). However, screening solar-mass BHs but not supermassive ones may require some fine-tuning in the screening physics.

### Evading the GW bounds (II)

- *Spin-induced* scalarisation: the non-GR BH is Kerr below some spin threshold. Above the threshold it undergoes a spontaneous "scalarisation", and becomes a non-Kerr BH with scalar "hair" (i.e. scalar charge).
- Scalarisation in EsGB gravity: it takes place for (see figure):

$$a \gtrsim 0.5M \quad \eta \sim -(0.1 - 10)$$

• Existing GW observations probe BHs with  $a \leq 0.7M$ , so they could miss higher spin scalarised systems.

 M87\* could be rapidly spinning, so scalarisation could be a viable way of evading the GW bounds. However, this possibility represents a small portion of the *a/M-η* parameter space.



Adapted from Berti et al. (2021). See also Herdeiro et al. (2021)

## Part I conclusions

- The combination of GW bounds and mass-suppression of dimensional coupling constants makes BH shadow-based tests of gravity blind to a large portion of non-GR theories.
- Shadows could still probe theories with dimensionless constants or special cases where screening and/or spin-scalarisation invalidate GW bounds.
- In all cases the uncertain accretion flow properties introduce a moderate error. The regime  $b < b_{GR}$  may not be affected.
- The results discussed here should have similar implications for astrometric tests of GR around our Galactic SgrA\* supermassive BH (e.g. the GRAVITY experiment).
- The same can be said for electromagnetic observations of accretion flows around AGNs (since both the matter and radiation move along geodesics of the supermassive BH).

## Part II Quasi-normal modes of non-GR black holes

based on:

KG & Silva PRD (2019) Silva & KG PRD (2020) Bryant, Silva, Yagi & KG (in preparation)

### BH ringdown and "spectroscopy"



### BH spectroscopy beyond GR

- Testing deviations from GR: extraction of QNM frequencies from ringdown signal ("BH spectroscopy").
- This approach requires modelling of QNMs of BHs beyond GR.
- The relevant QNM perturbation wave equations have been derived for a number of theories [or even classes of theories as in Tattersall et al. (2018)]. In their vast majority, these equations refer to spherically symmetric (i.e. non-rotating) BHs.
- Despite the relative wealth of perturbation equations, relatively few QNM solutions have been obtained so far.
- Our work on QNMs is based on the short-wavelength eikonal approximation as a means for solving the equations. The approach is largely "theory-agnostic".

## Geodesic analogy of QNMs

- In GR, the eikonal approximation is based on the geodesic analogy of the BH's fundamental QNM: its frequency  $\omega = \omega_R + i\omega_I$  can be directly linked to the geodesic properties of the photon ring (i.e. the unstable circular orbit of photons).
- The key quantities are the orbital frequency and Lyapunov exponent (rate of diverge/convergence of light rays near the photon ring).

In a spherically symmetric spacetime:

Photon ring

$$\Omega_{\rm ph} = \frac{u^{\varphi}}{u^t} = \frac{1}{b_{\rm ph}} = \frac{\sqrt{-g_{tt}(r_{\rm ph})}}{r_{\rm ph}}$$
$$\gamma_{\rm ph}^2 = -\frac{1}{2} \left[ r^2 g_{tt} \frac{d^2}{dr^2} \left( \frac{g_{tt}}{r^2} \right) \right]_{\rm ph}$$

Eikonal QNM

$$\omega_R = \ell \Omega_{
m ph}$$
 $\omega_I = -rac{1}{2} |\gamma_{
m ph}|$ 



### QNMs beyond GR

• In general, a non-GR theory will have the usual tensorial (metric) part coupled with a scalar field degree. This coupling is reflected in the perturbation equations describing QNMs. In spherical symmetry, and after separation of variables, these have the general form:

$$\frac{d^2\psi}{dx^2} + \left[\omega^2 - V_{\psi}(\ell, r)\right]\psi = a_0(\ell, r, \omega)\Theta + a_1(\ell, r, \omega)\frac{d\Theta}{dx}$$
$$\frac{d^2\Theta}{dx^2} + g(r)\frac{d\Theta}{dx} + \left[\omega^2 - V_{\Theta}(\ell, r)\right]\Theta = b_0(\ell, r, \omega)\psi + b_1(\ell, r, \omega)\frac{d\psi}{dx}$$

$$\psi$$
= tensor perturbation  
 $\Theta$ = scalar perturbation  
 $x(r)$  = tortoise coordinate

• Eikonal approximation ( $\epsilon$ =bookkeeping parameter):

$$\begin{split} \psi &= A_{\psi}(x)e^{iS(x)/\epsilon} & \Theta &= A_{\Theta}(x)e^{iS(x)/\epsilon} & \text{with the condition at the "peak"} \\ \omega &= \mathcal{O}(\ell), \quad \ell = \mathcal{O}(\epsilon^{-1}), \quad \epsilon \ll 1 & S_{,x} = 0 \text{ at } r = r_{\mathrm{m}} \end{split}$$

### BHs in Gauss-Bonnet gravity

• Einstein-scalar-Gauss-Bonnet gravity was discussed in Part I of this talk.

$$\mathcal{L} = \frac{1}{16\pi} \left[ R - \frac{1}{2} g^{\mu\nu} \phi_{,\mu} \phi_{,\nu} - \alpha f(\phi) \mathcal{R}_{\rm GB}^2 \right] \qquad \mathcal{R}_{\rm GB}^2 = R^{\alpha\beta\gamma\delta} R_{\alpha\beta\gamma\delta} - 4R^{\alpha\beta} R_{\alpha\beta} + R^2$$

• We consider *non-rotating* BHs, assuming an expansion in  $\frac{\alpha}{M^2} \ll 1$ 

$$ds^{2} = -A(r)dt^{2} + B^{-1}(r)dr^{2} + r^{2}d\Omega^{2}$$

$$\begin{split} A &= 1 - \frac{2M}{r} - \frac{\alpha^2 f_0'^2}{M^4} \frac{M}{r} \left( \frac{49}{40} - \frac{M^2}{3r^2} - \frac{26M^3}{3r^3} - \frac{22M^4}{5r^4} - \frac{32M^5}{5r^5} + \frac{80M^6}{3r^6} \right) + \mathcal{O}(\alpha^4) \\ B &= 1 - \frac{2M}{r} - \frac{\alpha^2 f_0'^2}{M^4} \frac{M}{r} \left( \frac{49}{40} - \frac{M}{r} - \frac{M^2}{r^2} - \frac{52M^3}{3r^3} - \frac{2M^4}{r^4} - \frac{16M^5}{5r^5} + \frac{368M^6}{3r^6} \right) + \mathcal{O}(\alpha^4) \\ \phi_0 &= \frac{2\alpha f_0'}{M^2} \frac{M}{r} \left( 1 + \frac{M}{r} + \frac{4M^2}{3r^2} \right) + \frac{\alpha^2 f_0' f_0''}{M^4} \frac{M}{r} \left( \frac{73}{30} + \frac{73M}{30r} + \frac{146M^2}{45r^2} + \frac{73M^3}{15r^3} + \frac{224M^4}{75r^4} + \frac{16M^5}{9r^5} \right) + \mathcal{O}(\alpha^3) \\ \text{ where } f_0' &= f'(\phi = 0) \end{split}$$

### Axial perturbations & QNMs

• The axial parity modes do *not* couple to the scalar field. Their radial eigenfunction *Q* is described by the equation:

$$\frac{d^2Q}{dx^2} + p_{\rm ax}(r)\frac{dQ}{dx} + \left[\omega^2 - V_{\rm ax}(r)\right]Q = 0$$

• Eikonal limit ansatz:  $Q(x) = A_{ax}(x)e^{iS(x)/\epsilon}$ 

- Solving the equation to  $O(\epsilon^{-1})$  and  $O(\epsilon^{0})$  order leads to  $\omega_{R}$  and  $\omega_{I}$ . As it turns out, the peak is located at  $r_{\rm m} = r_{\rm ph} = 3M$ .
- $\bullet$  Leading-order eikonal results, accurate to  $\mathcal{O}(\alpha^2)$

$$M\omega_R = \frac{\ell}{3\sqrt{3}} \left( 1 - \frac{71987}{174960} \frac{\alpha^2 f_0'^2}{M^4} \right) \qquad M\omega_I = -\frac{1}{6\sqrt{3}} \left( 1 - \frac{121907}{174960} \frac{\alpha^2 f_0'^2}{M^4} \right)$$

• The axial eikonal modes admit the same geodesic analogy as in GR.

### Polar perturbations & QNMs

• In contrast to the previous case, the polar parity modes are described by coupled equations for the tensor and scalar perturbations.

$$\frac{d^2\psi}{dx^2} + p_{\text{pol}}(r)\frac{d\psi}{dx} + \left[A_{\text{pol}}(r)\omega^2 - V_{\psi}(\ell, r)\right]\psi = a_0(\ell, r, \omega)\Theta + a_1(\ell, r, \omega)\frac{d\Theta}{dx}$$

$$\frac{d^2\Theta}{dx^2} + \left[\omega^2 - V_{\Theta}(\ell, r)\right]\Theta = b_0(\ell, r, \omega)\psi + b_1(\ell, r, \omega)\frac{d\psi}{dx}$$

The potentials and coupling functions are derived to  $\mathcal{O}(\alpha^2)$  precision

 An interesting technical detail: the eikonal limit ε << 1 and the expansion in the coupling α do not commute, i.e. it matters which expansion comes first and which parameter is formally the smallest. In order to ensure a smooth GR limit we take α << ε.</li>

### Polar QNMs

 $\bullet$  We show leading-order eikonal results, accurate to  $\mathcal{O}(\alpha^2)$ 

$$M\omega_{R\pm} = \frac{\ell}{3\sqrt{3}} \left( 1 \pm \frac{4}{27} \frac{\alpha^2 \ell^2 f_0^{\prime 2}}{M^4} \right) \qquad M\omega_{I\pm} = -\frac{1}{6\sqrt{3}} \left( 1 \mp \frac{44}{729} \frac{\alpha^2 \ell^2 f_0^{\prime 2}}{M^4} \right)$$

• As in the axial case, non-GR corrections first appear at  $O(\alpha^2)$ . In addition, the polar modes displays a "Zeeman" splitting with two possible solutions.

• It is unclear if the present case of coupled equations admits some sort of geodesic analogy.

### Eikonal vs numerical QNMs (axial)

 The same QNMs have been calculated numerically (and to higher order in α) by Blázquez-Salcedo et al. (2016) for the special case of Einstein-dilaton-GB gravity, i.e.

$$f(\phi) = \frac{1}{4}e^{\phi}$$

• The following figures show the *l*=2 QNM frequencies normalised to their corresponding GR values.



### Eikonal vs numerical QNMs (polar)

- The polar QNMs have two branches, "gravitational-led" and "scalar-led", named after their corresponding GR limit ( $\alpha$ —>0). These two branches correspond to our +/- solutions.
- We plot leading order and higher order eikonal results.



### Part II conclusions

- The eikonal approximation is a versatile tool for calculating QNMs of non-GR BHs. The example of EdGB (as well as previous work on Chern-Simons gravity) suggests a few % precision with respect to numerical data. This can be improved by adding higher-order pieces.
- The eikonal scheme should be equally well applicable to non-GR BHs with spin (in which case a numerical computation might not be that easy).
- No simple geodesic analogy was found for the coupled tensor-scalar QNMs (but this does not mean there isn't one!).
- The eikonal QNM formulae (and the wave equations themselves) are subject to the same mass-suppression effect of the coupling constant as the geodesic equations. LISA's ability to probe other theories may be compromised (this was first suggested in Maselli et al. (2020)).

# Thank you for your attention Σας ευχαριστώ για την προσοχή σας